

Be A Buddy

Bí Cineálta!

We want everyone to be safe and happy!

Get help!
Tell someone!
We say no to bullying!

What IS Bullying?

Bullying is when you be mean to people repeatedly.

Examples of Bullying:

1. Verbal bullying is saying mean things to people.
2. Physical bullying is like punching, kicking etc.
3. Cyber bullying is bullying online.
4. Racist bullying is making fun of someone's skin colour.

Never Be A Bully

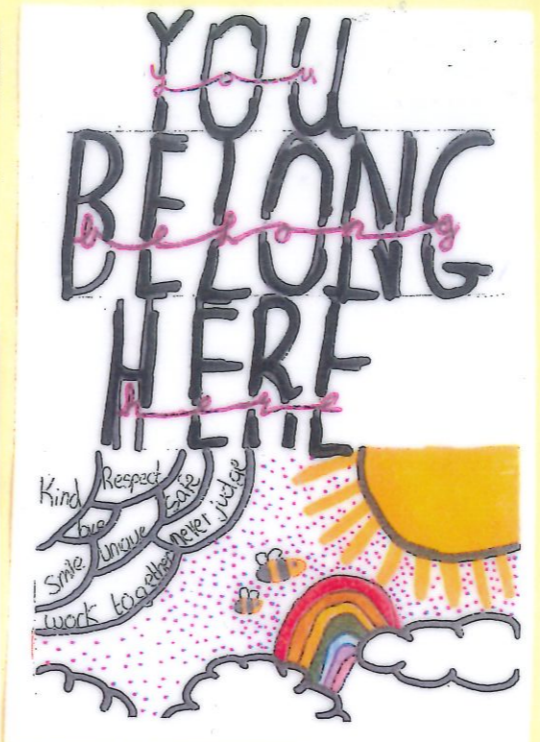
~~Bullying~~ is...

- Rude
- repeatedly
- harmful
- immature
- unfair
- Unacceptable

If your getting bullied tell a trusted adult!

Don't be a bully be a buddy

If the world had no bullying it would be a better place



What should I do if I see someone else is being bullied:



DONT LET ANYONE BULLY YOUR

If you see someone being Bullied ;

- Tell the bully to stop
- Tell a teacher
- Help them to tell someone
- Tell a person you trust - in school or at home
- include them in your game or conversation
- Help and Support them
- Stand with them
- Tell them it's not true
- Be kind to them

repeated hurtful